# Strong Interest Inventory ${ }^{\circledR}$ <br> Profile with College Profile \& Skills Confidence Inventory Profile 

College Profile developed by Jeffrey P. Prince
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## HOW THE STRONG CAN HELP YOU

The Strong Interest Inventory ${ }^{\circledR}$ instrument is a powerful tool that can help you make satisfying decisions about your career and education. Whether you are just starting out in your career, thinking about a change, or considering education options for career preparation, you can benefit from the wealth of information reflected in your Strong results. Understanding your Strong Profile can help you identify a career focus and begin your career planning and exploration process.
Keep in mind that the Strong measures interests, not skills or abilities, and that the results can help guide you toward rewarding careers, work activities, education programs, and leisure activities-all based on your interests. As you review your Profile, remember that managing your career is not a one-time decision but a series of decisions made over your lifetime.

## HOW YOU WILL BENEFIT

The Strong can be a valuable tool in helping you identify your interests, enabling you to

- Achieve satisfaction in your work
- Identify career options consistent with your interests
- Choose appropriate education and training relevant to your interests
- Maintain balance between your work and leisure activities
- Understand aspects of your personality most closely associated with your interests
- Determine your preferred learning environments
- Learn about your preferences for leadership, risk taking, and teamwork
- Use interests in shaping your career direction
- Decide on a focus for the future
- Direct your own career exploration at various stages in your life


## HOW YOUR RESULTS ARE ORGANIZED

Section 1. General Occupational Themes
Describes your interests, work activities, potential skills, and personal values in six broad areas: Realistic (R), Investigative (I), Artistic (A), Social (S), Enterprising (E), and Conventional (C).

Section 2. Basic Interest Scales
Identifies specific interest areas within the six General Occupational Themes, indicating areas likely to be most motivating and rewarding for you.

Section 3. Occupational Scales
Compares your likes and dislikes with those of people who are satisfied working in various occupations, indicating your likely compatibility of interests.

## Section 4. Personal Style Scales

Describes preferences related to work style, learning, leadership, risk taking, and teamwork, providing insight into work and education environments most likely to fit you best.

Section 5. Profile Summary
Provides a graphic snapshot of Profile results for immediate, easy reference.

Section 6. Response Summary
Summarizes your responses within each category of Strong items, providing interpretive data useful to your career professional.

Note to professional: Check the Response Summary on page 9 of the Profile before beginning your interpretation.

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The General Occupational Themes (GOTs) measure six broad interest patterns that can be used to describe your work personality. Most people's interests are reflected by two or three Themes, combined to form a cluster of interests. Work activities, potential skills, and values can also be classified into these six Themes. This provides a direct link between your interests and the career and education possibilities likely to be most meaningful to you.
Your standard scores are based on the average scores of a combined group of working adults. However, because research shows that men and women tend to respond differently in these areas, your interest levels (Very Little, Little, Moderate, High, Very High) were determined by comparing your scores against the average scores for your gender.

## THEME DESCRIPTIONS

| THEME | CODE | INTERESTS | WORK ACTIVITIES | POTENTIAL SKILLS | VALUES |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Artistic | A | Self-expression, art appreciation, communication, culture | Composing music, performing, writing, creating visual art | Creativity, musical ability, artistic expression | Beauty, originality, independence, imagination |
| Investigative | I | Science, medicine, mathematics, research | Performing lab work, solving abstract problems, conducting research | Mathematical ability, researching, writing, analyzing | Independence, curiosity, learning |
| Social | S | People, teamwork, helping, community service | Teaching, caring for people, counseling, training employees | People skills, verbal ability, listening, showing understanding | Cooperation, generosity, service to others |
| Enterprising | E | Business, politics, leadership, entrepreneurship | Selling, managing, persuading, marketing | Verbal ability, ability to motivate and direct others | Risk taking, status, competition, influence |
| Conventional | C | Organization, data management, accounting, investing, information systems | Setting up procedures and systems, organizing, keeping records, developing computer applications | Ability to work with numbers, data analysis, finances, attention to detail | Accuracy, stability, efficiency |
| Realistic | R | Machines, computer networks, athletics, working outdoors | Operating equipment, using tools, building, repairing, providing security | Mechanical ingenuity and dexterity, physical coordination | Tradition, practicality, common sense |


| YOUR HIGHEST THEMES |  |  |  |  |  | YOUR THEME CODE |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Artistic, Investigative, Social |  |  |  |  |  | AIS |  |
| THEME | CODE | STANDARD SCORE \& INTEREST LEVEL |  |  |  |  | STD SCORE |
|  |  | < 30 | 40 | 50 | 60 | $70>$ |  |
| Artistic | A |  |  |  |  | HIGH | 71 |
| Investigative | I |  |  | MODERATE |  |  | 56 |
| Social | S |  | MODF | TE |  |  | 51 |
| Enterprising | E |  | MODERATE |  |  |  | 48 |
| Conventional | C | - | DERATE |  |  |  | 43 |
| Realistic | R | LITtLe |  |  |  |  | 37 |

The charts above display your GOT results in descending order, from your highest to least level of interest. Referring to the Theme Descriptions provided, determine how well your results fit for you. Do your highest Themes ring true? Look at your next highest level of interest and ask yourself the same question. You may wish to highlight the Theme descriptions on this page that seem to fit you best.

The Basic Interest Scales represent specific interest areas that often point to work activities, projects, course work, and leisure activities that are personally motivating and rewarding. As with the General Occupational Themes, your interest levels (Very Little, Little, Moderate, High, Very High) were determined by comparing your scores against the average scores for your gender.
As you review your results in the charts below, note your top interest areas and your areas of least interest, and think about how they relate to your work, educational, and leisure activities. Take time to consider any top interest areas that are not currently part of your work or lifestyle and think about how you might be able to incorporate them into your plans.

## YOUR TOP FIVE INTEREST AREAS

1. Writing \& Mass Communication (A)
2. Performing Arts (A)
3. Visual Arts \& Design (A)
4. Culinary Arts (A)
5. Law (E)

## ARTISTIC - Very High

| BASIC INTEREST SCALE | STD SCORE \& INTEREST LEVEL |  |  |  |  | $\begin{aligned} & \text { STD } \\ & \text { SCORE } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | < 30 | 40 | 50 | 60 | 70 |  |
| Writing \& Mass Communication |  |  |  |  | VH | 71 |
| Performing Arts |  |  |  |  | VH | 71 |
| Visual Arts \& Design |  |  |  |  | VH | 70 |
| Culinary Arts |  |  |  |  |  | 67 |

INVESTIGATIVE - Moderate

| BASIC INTEREST SCALE | STD SCORE \& INTEREST LEVEL |  |  |  |  | $\begin{aligned} & \text { STD } \\ & \text { SCORE } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | < 30 | 40 | 50 | 60 | 70 |  |
| Research |  |  |  |  |  | 57 |
| Science |  |  | M |  |  | 56 |
| Medical Science |  |  | M |  |  | 52 |
| Mathematics |  | L |  |  |  | 40 |

SOCIAL - Moderate


ENTERPRISING - Moderate

| BASIC INTEREST SCALE | STD SCORE \& INTEREST LEVEL |  |  |  |  |  | $\begin{aligned} & \text { STD } \\ & \text { SCORE } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | < 30 | 40 | 50 | 60 |  | $70>$ |  |
| Law |  |  |  |  | VH |  | 66 |
| Marketing \& Advertising |  |  |  |  | VH |  | 65 |
| Politics \& Public Speaking |  |  |  | H |  |  | 58 |
| Entrepreneurship |  |  |  |  |  |  | 48 |
| Sales |  | L |  |  |  |  | 41 |
| Management | VL |  |  |  |  |  | 33 |

CONVENTIONAL - Moderate


REALISTIC - Little


This section highlights your Profile results on the Occupational Scales of the Strong. On the next three pages you will find your scores for 122 occupations. The 10 occupations most closely aligned with your interests are listed in the summary chart below. Keep in mind that the occupations listed in your Profile results are just some of the many occupations linked to your interests that you might want to consider. They do not indicate those you "should" pursue. It is helpful to think of each occupation as a single example of a much larger group of occupational titles to consider.

Your score on an Occupational Scale shows how similar your interests are to those of people of your gender who have been working in, and are satisfied with, that occupation. The higher your score, the more likes and dislikes you share with those individuals. The Theme Codes associated with each occupation indicate the GOTs most commonly found among people employed in that occupation.

## YOUR TOP TEN STRONG OCCUPATIONS

1. Librarian (A)
2. Technical Writer (AIR)
3. Broadcast Journalist (AE)
4. Graphic Designer (ARI)
5. Photographer (ARE)
6. Reporter (A)
7. Chef (ERA)
8. Attorney (A)
9. Editor (AI)
10. Translator (A)

Occupations of Dissimilar Interest
Physical Education Teacher (SRC)
Physicist (IRA)
Athletic Trainer (RIS)
Mathematician (IRC)
Mathematics Teacher (CIR)

As you read through your Occupational Scales results on this and the following pages, note the names of those occupations for which you scored "Similar." Those are the occupations you might want to explore first. If you have no scores in this range, take a look at those in the midrange and begin there. You might also consider occupations of least interest or for which you scored "Dissimilar"; however, keep in mind that you are likely to have little in common with people in those types of work and probably would contribute to such occupations in a unique way. Your career professional can guide you further in this process.
You can learn about occupations from information found in a public library, in the career library of a college or university near you, in a professional career center, or on the Internet. A recommended online source for occupational information is the $\mathrm{O}^{*} \mathrm{NET}^{\mathrm{TM}}$ database at http://online.onetcenter.org. You can also learn a lot about an occupation by talking to people who are working in that particular occupation. These people can describe their day-to-day work and tell you what they like and dislike about it.

ARTISTIC - Creating or Enjoying Art, Drama, Music, Writing

| THEME CODE | OCCUPATIONAL SCALE | 10 | DISSIMILAR |  | midrange |  | SIMILAR |  | 60 | $\begin{aligned} & \text { STD } \\ & \text { SCORE } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A | Librarian |  |  |  |  |  |  |  |  | 63 |
| AIR | Technical Writer |  |  |  |  |  |  |  |  | 62 |
| AE | Broadcast Journalist |  |  |  |  |  |  |  |  | 61 |
| ARI | Graphic Designer |  |  |  |  |  |  |  |  | 61 |
| ARE | Photographer |  |  |  |  |  |  |  |  | 61 |
| A | Reporter |  |  |  |  |  |  |  |  | 60 |
| A | Attorney |  |  |  |  |  | - |  |  | 56 |
| AI | Editor |  |  |  |  |  |  |  |  | 56 |
| A | Translator |  |  |  |  |  |  |  |  | 56 |
| AE | Advertising Account Manager |  |  |  |  |  |  |  |  | 52 |
| AES | Corporate Trainer |  |  |  |  |  |  |  |  | 52 |
| ASI | ESL Instructor |  |  |  |  |  |  |  |  | 52 |
| AE | Public Relations Director |  |  |  |  |  | - |  |  | 51 |
| A | Musician |  |  |  |  |  |  |  |  | 50 |
| AR | Artist |  |  |  |  |  |  |  |  | 45 |
| ASE | English Teacher |  |  |  |  |  |  |  |  | 43 |
| AER | Public Administrator |  |  |  |  |  |  |  |  | 41 |
| AI | Urban \& Regional Planner |  |  |  |  |  |  |  |  | 40 |
| AIR | Medical Illustrator |  |  |  |  |  |  |  |  | 36 |
| ASE | Art Teacher |  |  |  |  |  |  |  |  | 31 |
| ARI | Architect |  |  |  |  |  |  |  |  | 28 |
|  |  |  | 15 | 20 | 30 | 40 | 50 | 55 | 60 |  |

INVESTIGATIVE - Researching, Analyzing, Inquiring

| THEME CODE | OCCUPATIONAL SCALE | DISSIMILAR |  |  | midrange |  |  | SIMILAR |  |  | $\begin{gathered} \text { STD } \\ \text { SCORE } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| IA | Psychologist |  |  |  |  |  |  |  |  |  | 43 |
| IRA | Chiropractor |  |  |  |  |  |  |  |  |  | 36 |
| IAR | University Professor |  |  |  |  |  |  |  |  |  | 35 |
| IRA | Dentist |  |  |  |  |  |  |  |  |  | 32 |
| IA | Geographer |  |  |  |  |  |  |  |  |  | 31 |
| IAR | Sociologist |  |  |  |  |  |  |  |  |  | 31 |
| ICR | Pharmacist |  |  |  |  |  |  |  |  |  | 29 |
| IR | Software Developer |  |  |  |  |  |  |  |  |  | 28 |
| IR | Optometrist |  |  |  |  |  |  |  |  |  | 23 |
| IR | R\&D Manager |  |  |  |  |  |  |  |  |  | 23 |
| IAR | Physician |  |  |  |  |  |  |  |  |  | 22 |
| IRA | Biologist |  |  |  |  |  |  |  |  |  | 21 |
| IES | Dietitian |  |  |  |  |  |  |  |  |  | 21 |
| IRC | Medical Technologist |  |  |  |  |  |  |  |  |  | 19 |
| IRA | Veterinarian |  |  |  |  |  |  |  |  |  | 18 |
| IRA | Geologist |  |  |  |  |  |  |  |  |  | 16 |
| IRA | Respiratory Therapist |  |  |  |  |  |  |  |  |  | 15 |
| IRS | Science Teacher |  |  |  |  |  |  |  |  |  | 14 |
| IR | Chemist |  |  |  |  |  |  |  |  |  | 13 |
| IRC | Medical Technician |  |  |  |  |  |  |  |  |  | 13 |
| IRC | Computer Scientist |  |  |  |  |  |  |  |  |  | 11 |
| IRC | Mathematician |  |  |  |  |  |  |  |  |  | 0 |
| IRA | Physicist |  |  |  |  |  |  |  |  |  | -5 |
|  |  | 10 | 15 |  | 30 |  | 40 | 50 | 55 | 60 |  |

Similar results (40 and above)
You share interests with women in that occupation and probably would enjoy the work.

Midrange results (30-39)
You share some interests with women in that occupation and probably would enjoy some of the work.

Dissimilar results (29 and below) You share few interests with women in that occupation and probably would not enjoy the work.

For more information about any of these occupations, visit 0 * $\mathrm{NET}^{\text {TM }}$ online at http://online.onetcenter.org.

SOCIAL - Helping, Instructing, Caregiving


ENTERPRISING - Selling, Managing, Persuading


Similar results (40 and above)
You share interests with women in that occupation and probably would enjoy the work.

Midrange results (30-39)
You share some interests with women in that occupation and probably would enjoy some of the work.

Dissimilar results (29 and below) You share few interests with women in that occupation and probably would not enjoy the work.

For more information about any of these occupations, visit 0 * $\mathrm{NET}^{\text {TM }}$ online at http://online.onetcenter.org.

CONVENTIONAL - Accounting, Organizing, Processing Data

| $\begin{aligned} & \text { THEME } \\ & \text { CODE } \end{aligned}$ | OCCUPATIONAL SCALE |  | 10 | DISSIMILAR |  | midrange |  |  | SIMILAR |  | 60 | $\begin{aligned} & \text { STD } \\ & \text { SCORE } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| CE | Paralegal |  |  |  |  |  |  |  |  |  |  | 53 |
| C | Computer \& IS Manager |  |  |  |  |  |  |  |  |  |  | 42 |
| CES | Nursing Home Administrator |  |  |  |  |  |  |  |  |  |  | 36 |
| C | Computer Systems Analyst |  |  |  |  |  |  |  |  |  |  | 32 |
| CES | Food Service Manager |  |  |  |  |  |  |  |  |  |  | 30 |
| C | Health Information Specialist |  |  |  |  |  |  |  |  |  |  | 30 |
| CE | Financial Analyst |  |  |  |  |  |  |  |  |  |  | 29 |
| CS | Administrative Assistant |  |  |  |  |  |  |  |  |  |  | 28 |
| CE | Financial Manager |  |  |  |  |  |  |  |  |  |  | 26 |
| CE | Credit Manager |  |  |  |  |  |  |  |  |  |  | 25 |
| CE | Accountant |  |  |  |  |  |  |  |  |  |  | 23 |
| C | Bookkeeper |  |  |  |  |  |  |  |  |  |  | 23 |
| CES | Business Education Teacher |  |  |  |  |  |  |  |  |  |  | 23 |
| CE | Banker |  |  |  |  |  |  |  |  |  |  | 22 |
| CRE | Military Enlisted |  |  |  |  |  |  |  |  |  |  | 22 |
| CES | Production Worker |  |  |  |  |  |  |  |  |  |  | 22 |
| CSE | Farmer/Rancher |  |  |  |  |  |  |  |  |  |  | 13 |
| Cl | Actuary | - |  |  |  |  |  |  |  |  |  | 5 |
| CIR | Mathematics Teacher | $\square$ |  |  |  |  |  |  |  |  |  | 3 |
|  |  |  | 10 | 15 | 20 |  |  | 40 | 50 | 55 | 60 |  |

REALISTIC - Building, Repairing, Working Outdoors

| $\begin{aligned} & \text { THEME } \\ & \text { CODE } \end{aligned}$ | OCCUPATIONAL SCALE | DISSIMILAR |  |  | midrange |  | SIMILAR |  | 60 | $\begin{aligned} & \text { STD } \\ & \text { SCORE } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 10 | 15 | 20 | 30 | 40 | 50 | 55 |  |  |
| RE | Law Enforcement Officer |  |  |  |  |  |  |  |  | 32 |
| REI | Military Officer |  |  |  |  |  |  |  |  | 31 |
| RIC | Engineering Technician |  |  |  |  |  |  |  |  | 28 |
| RIC | Network Administrator |  |  |  |  |  |  |  |  | 28 |
| RIS | Radiologic Technologist |  |  |  |  |  |  |  |  | 27 |
| RIC | Technical Support Specialist |  |  |  |  |  |  |  |  | 24 |
| RI | Engineer |  |  |  |  |  |  |  |  | 19 |
| RI | Forester |  |  |  |  |  |  |  |  | 18 |
| RC | Landscape/Grounds Manager |  |  |  |  |  |  |  |  | 18 |
| REI | Horticulturist |  |  |  |  |  |  |  |  | 17 |
| RIA | Electrician |  |  |  |  |  |  |  |  | 14 |
| RCI | Emergency Medical Technician |  |  |  |  |  |  |  |  | 12 |
| RIS | Firefighter |  |  |  |  |  |  |  |  | 11 |
| RIA | Carpenter |  |  |  |  |  |  |  |  | 10 |
| R | Automobile Mechanic |  |  |  |  |  |  |  |  | 6 |
| RSI | Vocational Agriculture Teacher |  |  |  |  |  |  |  |  | 5 |
| RIS | Athletic Trainer |  |  |  |  |  |  |  |  | -1 |
|  |  | 10 | 15 | 20 | 30 | 40 | 50 | 55 | 60 |  |

Similar results (40 and above)
You share interests with women in that occupation and probably would enjoy the work.

Midrange results (30-39)
You share some interests with women in that occupation and probably would enjoy some of the work.

Dissimilar results (29 and below) You share few interests with women in that occupation and probably would not enjoy the work.

For more information about any of these occupations, visit 0 * $\mathrm{NET}^{\text {TM }}$ online at http://online.onetcenter.org.

The Personal Style Scales describe different ways of approaching people, learning, leading, making decisions, and participating in teams. Personal Style Scales help you think about your preferences for factors that can be important in your career, enabling you to more effectively narrow your choices and examine your opportunities. Each scale includes descriptions at both ends of the continuum, with scores indicating your preference for one style versus the other.
Your scores on the Personal Style Scales were determined by comparing your responses to those of a combined group of working men and women.

## YOUR PERSONAL STYLE SCALES PREFERENCES

1. You are likely to prefer a balance of working alone and working with people
2. You seem to prefer to learn through lectures and books
3. You probably are comfortable both leading by example and taking charge
4. You may dislike taking risks
5. You probably enjoy both team roles and independent roles

## Clear Scores

(Below 46 and above 54)
You indicated a clear preference for one style versus the other.

Midrange Scores (46-54)
You indicated that some of the descriptors on both sides apply to you.


## YOUR HIGHEST THEMES

Artistic, Investigative, Social

## YOUR THEME CODE

## YOUR TOP FIVE INTEREST AREAS

1. Writing \& Mass Communication (A)
2. Performing Arts (A)
3. Visual Arts \& Design (A)
4. Culinary Arts (A)
5. Law (E)

## YOUR TOP TEN STRONG OCCUPATIONS

1. Librarian (A)
2. Technical Writer (AIR)
3. Broadcast Journalist (AE)
4. Graphic Designer (ARI)
5. Photographer (ARE)
6. Reporter (A)
7. Chef (ERA)
8. Attorney (A)
9. Editor (AI)
10. Translator (A)

## Areas of Least Interest

Management (E)
Computer Hardware \& Electronics (R)
Military (R)

Occupations of Dissimilar Interest
Physical Education Teacher
(SRC)
Physicist (IRA)
Athletic Trainer (RIS)
Mathematician (IRC)
Mathematics Teacher (CIR)

## YOUR PERSONAL STYLE SCALES PREFERENCES

1. You are likely to prefer a balance of working alone and working with people
2. You seem to prefer to learn through lectures and books
3. You probably are comfortable both leading by example and taking charge
4. You may dislike taking risks
5. You probably enjoy both team roles and independent roles

RESPONSE SUMMARY
This section provides a summary of your responses to the different sections of the inventory for use in interpretation by your career professional.

| ITEM RESPONSE PERCENTAGES |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Section Title | Strongly Like | Like | Indifferent | Dislike | Strongly Dislike |
| Occupations | 23 | 9 | 17 | 8 | 42 |
| Subject Areas | 30 | 13 | 22 | 15 | 20 |
| Activities | 18 | 19 | 25 | 12 | 26 |
| Leisure Activities | 54 | 14 | 7 | 11 | 14 |
| People | 44 | 0 | 19 | 19 | 19 |
| Characteristics | 56 | 11 | 11 | 22 | 0 |
| TOTAL PERCENTAGE | 28 | 13 | 19 | 12 | 29 |

[^0]Note: Due to rounding, total percentage may not add up to $100 \%$.

| JANE SAIMPLE | Date taken |
| :--- | :--- |
| 4.17 .2008 |  |

## USING YOUR THEMES

Your Strong results indicate a Theme code of AIS. Your top three Themes are listed below in order of interest. Each Theme describes an important aspect of your interests and personality. Use all three Themes to identify college courses and academic majors that allow you to express what is important to you. The majors listed within each Theme are examples of some of the many related academic areas worth exploring.

CONSIDERING THEMES OF GREATEST INTEREST TO YOU

| Artistic (A) <br> CREATIVE COMMUNICATORS <br> Artistic students prefer to take a self-expressive or creative approach involving art/design, music, or writing. |  |  |  |
| :---: | :---: | :---: | :---: |
| TYPICAL COLLEGE MAJORS |  |  |  |
| Advertising <br> Architecture <br> Art Education <br> Art History <br> Broadcasting <br> Cinematography | Classics <br> Comparative Literature <br> Creative Writing <br> Dance <br> Design <br> English | Fashion Merchandising <br> Fine Arts <br> Foreign Languages <br> Humanities <br> Journalism <br> Linguistics | Mass Communication <br> Medical Illustration <br> Music Education <br> Philosophy <br> Photography <br> Theater Arts |

## Investigative (I)

SCIENTIFIC PROBLEIM SOLVERS
Investigative students prefer to take an analytical approach involving research, experimentation, or diagnosis.

| TYPICAL COLLEGE MAJORS |  |  |  |  |
| :--- | :--- | :--- | :---: | :---: |
| Anthropology | Computer Information Systems | Geography |  |  |
| Astronomy | Computer Science | Geology |  |  |
| Biochemistry | Criminal Justice | Mathematics |  |  |
| Biological Sciences | Economics | Optometry |  |  |
| Botany | Emergency Health Services | Physical Therapy |  |  |
| Chemistry | Food Science | Physics |  |  |
|  |  |  |  |  |

## Social (S) <br> EMPATHIC HELPERS

Social students prefer to take a helping or altruistic approach involving teaching, developing, or caring for others.

| TYPICAL COLLEGE MAJORS |  |  |
| :--- | :--- | :--- |
| Child Development | Ethnic Studies | Nursing |
| Counseling | Family Studies | Occupational Therapy |
| Criminology | Health Education | Physical Education |
| Dietetics/Nutrition | Pearing and Speech | Public Health |

## USING YOUR BASIC INTEREST SCALES

These scales indicate interests that are important to your overall lifestyle, both in school and out of school.
Use your strongest basic interests to explore college courses, extracurricular activities, internships, and part-time jobs. You show the greatest interest in the five areas outlined below (arranged in descending order of interest).

WRITING \& MASS COMMUNICATION — Very High
Using language and literature to communicate

| CAMPUS ORGANIZATIONS/ACTIVITIES | INTERNSHIPS/JOB SETTINGS | COLLEGE COURSES |
| :--- | :--- | :--- |
| Campus Radio and TV | Advertising Agency | Communications |
| Foreign Language Club | Book Publishing Company | English |
| Student Publication | Newspaper/Magazine | Journalism |

PERFORMING ARTS - Very High
Performing or appreciating a wide range of music, dance, and drama activities

| CAMPUS ORGANIZATIONS/ACTIVITIES | INTERNSHIPS/JOB SETTINGS | COLLEGE COURSES |
| :--- | :--- | :--- |
| Band or Musical Group | Campus Concert Production | Dance |
| Dance Group | Community Arts Program | Music |
| Theater Production | Community Theater | Theater Arts |

VISUAL ARTS \& DESIGN - Very High
Working with visual creativity and spatial visualization

| CAMPUS ORGANIZATIONS/ACTIVITIES | INTERNSHIPS/JOB SETTINGS | COLLEGE COURSES |
| :--- | :--- | :--- |
| Interior Design Club | Advertising Department | Architecture |
| Newspaper Photography | Architecture Firm | Art \& Design |
| Student Architecture Club | Design Studio | Computer Graphics |

CULINARY ARTS — Very High
Cooking and hosting/entertaining others

| CAMPUS ORGANIZATIONS/ACTIVITIES | INTERNSHIPS/JOB SETTINGS | COLLEGE COURSES |
| :--- | :--- | :--- |
| Home Economics Club | Campus Catering | Culinary Arts |
| Nutrition Club | Hotel or Resort | Food Science and Nutrition |
| Restaurant Reviewer | Restaurant | Hospitality Management |

LAW - Very High
Debating, applying the law, and studying legal proceedings

| CAMPUS ORGANIZATIONS/ACTIVITIES | INTERNSHIPS/JOB SETTINGS | COLLEGE COURSES |
| :--- | :--- | :--- |
| Debate Team | Labor Union | Criminal Justice |
| Legal Aid Volunteer | Law Firm | Law |
| Pre-Law Organization | Student Conduct Office | Paralegal Studies |

## USING YOUR OCCUPATIONAL SCALES

These scales identify jobs held by people with whom you share common interests, arranged in order of similarity of interests. Some occupations require specific training; however, many do not require a particular college major. Explore classes relevant to these occupations and consider related careers as well.

## YOUR TOP STRONG OCCUPATIONS

| OCCUPATIONAL SCALE | THEME CODE | EdUCATIONAL PREPARATION | COLLEGE COURSES | RELATED CAREERS |
| :---: | :---: | :---: | :---: | :---: |
| Librarian | A | Master's degree in library science (MLS) | Information Science <br> Education <br> Foreign Languages | Archivist <br> Curator <br> Computer Scientist |
| Technical Writer | AIR | BA or MA in liberal arts | English <br> Engineering <br> Sciences | Science Writer <br> Reporter <br> Editor |
| Broadcast Journalist | AE | AA or BA in liberal arts | Journalism <br> Public Speaking <br> Mass Communications | Media Producer <br> TV/Video Operator <br> Reporter |
| Graphic Designer | ARI | Vocational/technical certificate, AA, or BA | Drawing <br> Design <br> Computer Graphics | Illustrator <br> Web Designer <br> Animator |
| Photographer | ARE | High school diploma, AA, or BA | Photography <br> Design <br> Filmmaking | Filmmaker <br> Photojournalist <br> TV/Video Technician |
| Reporter | A | BA or MA in liberal arts or journalism | English <br> Journalism <br> Political Science | Editor <br> Screenwriter <br> Political Analyst |
| Chef | ERA | Vocational/technical certificate, AA, or BA | Specific culinary training courses | Food Writer <br> Restaurant Manager <br> Caterer |
| Attorney | A | JD or LLB | English <br> Public Speaking <br> Government | Legal Assistant Mediator Judge |
| Editor | AI | BA in liberal arts | Journalism <br> English <br> Communications | Journalist <br> Technical Writer <br> Screenwriter |
| Translator | A | BA or MA in foreign languages | Foreign Languages <br> Writing <br> Linguistics | Editor <br> Foreign Language Teacher <br> Linguist |

## USING YOUR PERSONAL STYLE SCALES

Next, use your Personal Style Scales to identify the specific ways you prefer to approach whatever academic courses, majors, or jobs you undertake.

| PERSONAL STYLE SCALE | PREFERENCES/ACTIVITIES |
| :---: | :---: |
| Work Style | - Your score suggests you may prefer a balance between working independently and working with others, depending on the circumstances. <br> - You may enjoy spending part of the day alone researching or reading, and then switching to interactive activities such as group discussions. |
| Learning Environment | - Your score suggests you enjoy the traditional student role and learning for the sake of learning. <br> - You may prefer classroom lectures, theoretical readings, and library research to practical hands-on training or work-study programs. |
| Leadership Style | - Your score suggests a preference for leading others through a variety of means. <br> - Sometimes you may enjoy leading a student organization or facilitating a class discussion, and at other times you may prefer to be a contributing member. |
| Risk Taking | - Your score suggests a preference for careful consideration before acting or deciding. <br> - You may prefer academic work that involves research, reading, and "how-to" workshops rather than assignments that require approaching new things spontaneously or quickly. |
| Team Orientation | - Your score suggests a preference for a mix of academic activities depending on the circumstances. <br> - You may enjoy a range, from independent assignments that require you to solve problems on your own to collaborative team projects. |

## LEVELS OF SKILLS CONFIDENCE BY THEME

Your Skills Confidence Inventory results describe how you perceive your own capabilities in performing activities related to the same six broad areas represented by the General Occupational Themes. Keep in mind that these results may not reflect your actual abilities; the results reflect how you rate yourself. Your own rating may influence what kinds of activities you try or avoid and may determine what occupations or educational programs you consider as possibilities for exploration.
Your confidence in each of the six areas is shown below in rank order. Your Skills Confidence Theme code summarizes the areas in which you feel most confident performing particular activities. Your Skills Confidence Theme code is ASI.

| THEME | CODE | CONFIDENCE SCORE \& LEVEL |  |  |  |  |  | $\underset{(1-5)}{\text { SCORE }}$ | TYPICAL SKILL AREAS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 |  | 4 | 5 |  |  |
| Artistic | A |  |  |  | VERY HIGH |  |  | 4.6 | Creative expression, music, design |
| Social | S |  |  |  | VERY HIGH |  |  | 4.4 | Education, counseling, social service |
| Investigative | I |  |  |  | HIGH |  |  | 4.3 | Research, math, science |
| Enterprising | E |  |  |  | HIGH |  |  | 3.7 | Sales, speaking, management |
| Conventional | C |  |  |  | HIGH |  |  | 3.7 | Finance, computers, organization |
| Realistic | R |  |  | MODERATE |  |  |  | 3.1 | Outdoor work, construction, repair |

## COMPARISON OF LEVELS OF SKILLS CONFIDENCE AND INTEREST

The chart below compares your skills confidence levels with your interest levels as measured by the Strong. Your Skills Confidence Theme code is ASI. Your Strong Theme code is AIS. Use this comparison to help you select Themes you'd like to explore further to find satisfying career, educational, and leisure options. Also, refer to Understanding Your Results on the Skills Confidence Inventory, available from your career professional, for more information.



[^0]:    Total possible responses: 291 Your response total: 290 Items omitted: 1 Typicality index: 19—Combination of item responses appears consistent

